

2023 SMCR Conference in Bethesda, Maryland

NOTE: *The Society for Menstrual Cycle Research is not recommending or endorsing any one mode of travel, airport, or transportation service. SMCR is also not responsible for changes in prices from the estimates available to us at the time this information was compiled. We are merely trying to offer options to conference attendees that they can further research on their own so that they can make informed choices.*

Union Station Travel Information

Rideshare

Uber & Lyft

Estimated Time: 35 minutes

Estimated Price: \$20-\$25 (normal car with 3-4 passengers max) \$30-\$40 (Premium or XL with 4-5 passengers max)

*Tip: If you plan to use a rideshare service to travel to the conference site, it is recommended to compare prices on multiple apps and choose the most cost-effective option. Based on past experiences, when comparing prices for the same ride at the same time on both Lyft and Uber, Lyft often tends to be slightly cheaper than Uber.

Public Transport

Bus & Metrorail

Estimated time: 35 min

Itinerary: (1) Walk 4 min to Massachusetts Ave & 30th St; (2) Board N6 bus towards Farragut Square and arrive at Massachusetts Ave & 20th St; (3) Take Red Line departing from Dupont Circle Metro Station towards Shady Grove and arrive at Bethesda Station.

Fare: \$2